

SOUTHERN ONTARIO COLLEGE OF OSTEOPATHY

• 2 YEARS

- 25 Monthly Modules
- Clinic remains open in summer
- Hybrid in-person and virtual

• 22 QUIZZES

- 22 quizzes
- 15-25 questions
- Multiple choice, true/false, matching
- 3-4 weeks between module and quiz
- 70% AVERAGE passing requirement

• 25 MODULES

- Once a month
- 3 days (Fri virtual + Sat, Sun in-person)
- Term 1 - 7 mods
- Term 2 - 7 mods
- Term 3 - 11 mods

• MATERIALS

- Manuals provided with each module
- Optional video resources
- Use of Google Classroom
- Only 2-4 recommended text books to purchase for program

• 1 THESIS

- Completed during your final year
- Case study style
- Begin thesis end of 2nd term
- Presentations at end of 3rd term



• 400 CLINICAL HOURS

- 400 clinical hours TOTAL
- Observation and practical hours
- 100 treatments in final year
- Can outsource some hours
- Non-outsourced hours at college clinic

• 3 TERM TESTS

- Oral & practical format
- 4 questions total (2 oral + 2 practical)
- 70 % passing requirement
- Re-do's available every Spring

• 1 FINAL EXAM

- Written, Oral & Practical format
- 200 Multiple Choice Q's (written)
- 3 oral & 3 practical (6 Questions total)
- 70% passing requirement

• GRADUATION

- Diploma: DOMP
- Association: NMOS
- Program: WHO Type II
- Insurance: coverage w most major providers

DIPLOMA IN OSTEOPATHY, MANIPULATIVE PRACTICE (DOMP)

Southern Ontario College of Osteopathy Ph: 905-916-SOCO (7626) Fx: 905-855-0986 E: info@clinicalosteopathy.com W: www.clinicalosteopathy.com	2026-2029 Diploma in Osteopathy, Manipulative Practice <i>Revised (2026.09.01)</i>
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Program Details	
Instructors:	Igor Norets, D.O.M.P., M.D. (Europe), Ph.D., R.Ac. Daniel Smikle-Peters, D.O.M.P., Hons. BA, R.Kin. ,
Course/Description:	2 year (25 modules) D.O.M.P. program for full osteopathic training for health practitioners.
Reading Materials:	Course manuals provided at each module. For additional reading materials, please refer to "Required Reading List."
Course Information / Policies	
Evaluation:	<u>Test 1 (10%) – APRIL 30, 2027</u> Content: Modules 1-7 Format: Oral and Practical Evaluation. <u>Test 2 (10%) - October 22, 2027</u> Content: Modules 8-14. Format: Oral and Practical Evaluation. <u>Test 3 (10%) – June 2, 2028</u> Content: Modules 15-24. Format: Oral and Practical Evaluation. <u>Quizzes (15%)</u> Content: Based on previous module Format: Written <u>Passing Grade:</u> A passing grade is a minimum mark of 70%. This applies to tests, overall quiz average, thesis and exams. <u>Thesis:</u> The thesis will be based on case studies and students will be evaluated on their written paper & presentation. In an event of a fail the thesis will need to be re-done again (both written and presentation); also students will be ineligible to write the final exam that year. <u>Clinical Rotations:</u> <u>400 hours of clinical</u> practice must be performed before final examination. <u>Final Exam (55%) – September 2028</u> Content: Material from the entire program. All modules, detailed handouts, and practical sessions. Format: Written (Multiple Choice), Practical and Oral. Examination Breakdown: Written Component: 30% Practical Component: 35% Oral Component: 35%
Missed Tests / Extensions	All requests for make-up of missed tests must be submitted in writing to instructor within 60 days from the initial test date.

Dates	Topic	Module
September 25-27, 2026	Understanding the principles of Osteopathy. Integration of the osteopathic approach to diagnosis and treatment into current health practices.	1
October 30-Nov 1, 2026	Palpation in an Osteopathic Approach to Assessment, Clinical Anatomy and Conclusion. Exploring Basic to Advanced Skills.	2
November 20-22, 2026	Muscle Energy Technique, Myofascial Release, Techniques of Still, Chapman Reflexes.	3
December 11-13, 2026	Counterstrain, Facilitated Positional Release, Oscillatory Techniques, Ligamentous Articular Strain.	4
January 29-31, 2027	Cranial Osteopathy. Part 1.	5
February 19-21, 2027	Cranial Osteopathy. Part 2.	6
April 2-4, 2027	Ethics, Standards of Practice, Treatment Protocols and First Aid.	7
April 30 – May 2, 2027	Cervical Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. Part 1. (Test #1, Apr 30, 2027)	8
May 28-30, 2027	Cervical Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. Part 2.	9
June 11-13, 2027	Thoracic Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	10
July 9-11, 2027	Lumbar Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	11
August 6-8, 2027	Pelvic Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	12
September 10-12, 2027	Lower Extremity Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	13
October 1-3, 2027	Upper Extremity Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	14
October 22-24, 2027	Visceral Osteopathy. Part 1. (Test #2 October 22, 2027)	15
November 12-14, 2027	Visceral Osteopathy. Part 2.	16
December 3-5, 2027	Peripheral and Central Nervous System. Osteopathic clinical assessment and treatment.	17
January 7-9, 2028	Lymphatic system. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	18
January 28-30, 2028	Muscle Imbalance. Exercise principals and prescription.	19
February 25-27,2028	Cranial Osteopathy. Part 3.	20
March 17-19, 2028	Visceral Osteopathy. Part 3.	21
March 31-April 2, 2028	An Osteopathic Approach in Pulmonology, Cardiology, Gastroenterology, Urology and Geriatrics.	22
April 21-23, 2028	An Osteopathic Approach in Obstetrics and Gynecology.	23
May 5-7 , 2028	An Osteopathic Approach in Pediatrics.	24
June 2-4, 2028	Osteopathy and Bioenergy. (Test #3 June 2, 2028)	25