# SOUTHERN ONTARIO COLLEGE OF OSTEOPATHY

## 2 YEARS

- Designed for Healthcare Professionals
- 25 Monthly Modules
- Clinic remains open in summer
- Hybrid in-person and virtual

## 22 QUIZZES

- 22 quizzes
- 15-25 questions
- Multiple choice, true/false, matching
- 3-4 weeks between module and quiz
- 70% AVERAGE passing requirement

## 25 MODULES

- Once a month
- 3 days (Fri virtual + Sat,Sun in-person)
- Term 1 - 6 modules
- Term 2 - 7 modules
- Term 3 - 12 modules

## 400 CLINICAL HOURS

- 400 clinical hours TOTAL
- Observation and practical hours
- 100 treatments in final year
- Can outsource some hours
- Non-outsourced hours at college clinic

## MATERIALS

- Manuals provided with each module
- Optional video resources
- Use of Google Classroom
- Only 2-4 recommended textbooks

## 3 TERM TESTS

- Oral & practical format
- 4 questions total (2 oral + 2 practical)
- 70 % passing requirement
- Reassessments available

## 1 THESIS

- Completed during your final year
- Case study style
- Begin thesis end of 2nd term
- Presentations at end of 3rd term

## 1 FINAL EXAM

- Written, Oral & Pracitical format
- 200 Multiple Choice Questions
- 3 oral & 3 practical Questions (6 total)
- 70% passing requirement

## GRADUATION

- Diploma: DOMP
- Association Eligibility: NMOS & OCDO
- Program: WHO Type II Framework
- Insurance: coverage w most major providers

# DIPLOMA IN OSTEOPATHY, MANIPULATIVE PRACTICE (DOMP)

**Southern Ontario College of Osteopathy**
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# 2026-2028 Diploma in Osteopathy, Manipulative Practice

***Revised (2026.11.16)***

## Program Details

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| Instructors: | **Igor Norets, D.O.M.P., M.D. (Europe), Ph.D., R.Ac.**<br>**Daniel Smikle-Peters, D.O.M.P., Hons. BA, R.Kin. ,** |
| Course/Description: | 2 year (25 modules) D.O.M.P. program for full osteopathic training for health practitioners. |
| Reading Materials: | Course manuals provided at each module. For additional reading materials, please refer to "Required Reading List." |

## Course Information / Policies

Evaluation:

**Test 1 (10%) – April 2, 2027**

Content: Modules 1-6

Format: Oral and Practical Evaluation.

**Test 2 (10%) - October 1, 2027**

**Content:** Modules 7-13.

**Format:** Oral and Practical Evaluation.

**Test 3 (10%) – June 2, 2028**

**Content:** Modules 14-24.

**Format:** Oral and Practical Evaluation.

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**Quizzes (15%)**

**Content:** Based on previous module

**Format:** Written

**Passing Grade**:

A passing grade is a minimum mark of 70%. This applies to tests, overall quiz average, thesis and exams.

**Thesis:**

The thesis will be based on case studies and students will be evaluated on their written paper & presentation. In an event of a fail the thesis will need to be re-done again (both written and presentation); also students will be ineligible to write the final exam that year.

**Clinical Rotations:**

400 hours of clinical practice must be performed before final examination.

**Final Exam (55%) – September 2028**

**Content:** Material from the entire program. All modules, detailed handouts, and practical sessions.

**Format: Written (Multiple Choice), Practical and Oral.**

**Examination Breakdown:**

**Written Component: 30%**

**Practical Component: 35%**

**Oral Component: 35%**

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|---|---|
| **Missed Tests / Extensions** | All requests for make-up of missed tests must be submitted in writing to instructor within 60 days from the initial test date. |

| Dates | Topic | Module |
|---|---|---|
| September 25-27, 2026 | Understanding the principles of Osteopathy. Integration of the osteopathic approach to diagnosis and treatment into current health practices. | 1 |
| October 30-Nov 1, 2026 | Palpation in an Osteopathic Approach to Assessment, Clinical Anatomy and Conclusion. Exploring Basic to Advanced Skills. | 2 |
| November 20-22, 2026 | Muscle Energy Technique, Myofascial Release, Techniques of Still, Chapman Reflexes. | 3 |
| December 11-13, 2026 | Counterstrain, Facilitated Positional Release, Oscillatory Techniques, Ligamentous Articular Strain. | 4 |
| January 29-31, 2027 | Cranial Osteopathy. Part 1. | 5 |
| February 19-21, 2027 | Cranial Osteopathy. Part 2. | 6 |
| April 2-4, 2027 | Cervical Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. Part 1. (Test #1, Apr 2, 2027) | 7 |
| April 30 – May 2, 2027 | Cervical Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. Part 2. | 8 |
| May 28-30, 2027 | Thoracic Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. | 9 |
| June 11-13, 2027 | Lumbar Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. | 10 |
| July 9-11, 2027 | Pelvic Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. | 11 |
| August 6-8, 2027 | Lower Extremity Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. | 12 |
| September 10-12, 2027 | Upper Extremity Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. | 13 |
| October 1-3, 2027 | Ethics, Standards of Practice, Treatment Protocols & First Aid. (Test #2 Oct 1, 2027) | 14 |
| October 22-24, 2027 | Visceral Osteopathy. Part 1. | 15 |
| November 12-14, 2027 | Visceral Osteopathy. Part 2. | 16 |
| December 3-5, 2027 | Peripheral and Central Nervous System. Osteopathic clinical assessment and treatment. | 17 |
| January 7-9, 2028 | Lymphatic system. Osteopathic clinical assessment and treatment including the major osteopathic techniques. | 18 |
| January 28-30, 2028 | Muscle Imbalance. Exercise principals and prescription. | 19 |
| February 25-27,2028 | Cranial Osteopathy. Part 3. | 20 |
| March 17-19, 2028 | Visceral Osteopathy. Part 3. | 21 |
| March 31-April 2, 2028 | An Osteopathic Approach in Pulmonology, Cardiology, Gastroenterology, Urology and Geriatrics. | 22 |
| April 21-23, 2028 | An Osteopathic Approach in Obstetrics and Gynecology. | 23 |
| May 5-7 , 2028 | An Osteopathic Approach in Pediatrics. | 24 |
| June 2-4, 2028 | Osteopathy and Bioenergy. (Test #3 Jun 2, 2028) | 25 |