

Proposed Syllabus Sep 2026 – Jun 2028

Date	Course Content	Module	Term
September 25–27, 2026	Understanding the principles of Osteopathy. Integration of the osteopathic approach to diagnosis and treatment into current health practices.	1	1
October 23–25, 2026	Palpation in an Osteopathic Approach to Assessment, Clinical Anatomy and Conclusion. Exploring Basic to Advanced Skills.	2	1
November 27–29, 2026	Techniques #1: Muscle Energy Technique, Myofascial Release, Techniques of Still, Chapman Reflexes.	3	1
December 2026	Techniques #2: Counterstrain, Facilitated	4	1

	Positional Release, Oscillatory Techniques, Ligamentous Articular Strain.		
January 29–31, 2027	Cranial Osteopathy. Part 1.	5	1
February 19–21, 2027	Cranial Osteopathy. Part 2.	6	1
April 2–4, 2027	Ethics, Standards of Practice, Treatment Protocols and First Aid.	7	1
April 30–May 2, 2027	Cervical Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques. Part 1. (Test #1, Apr 30, 2027)	8	2
May 28–30, 2027	Cervical Region. Osteopathic clinical assessment and treatment including the major osteopathic	9	2

	techniques. Part 2.		
June 2027	Thoracic Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	10	2
July 2027	Lumbar Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	11	2
August 2027	Pelvic Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	12	2
September 10–12, 2027	Lower Extremity Region. Osteopathic clinical assessment and treatment including the	13	2

	major osteopathic techniques.		
October 1–3, 2027	Upper Extremity Region. Osteopathic clinical assessment and treatment including the major osteopathic techniques.	14	2
October 22–24, 2027	Visceral Osteopathy. Part 1. (Test #2, Oct 22, 2027)	15	3
November 12–14, 2027	Visceral Osteopathy. Part 2.	16	3
December 3–5, 2027	Peripheral and Central Nervous System. Osteopathic clinical assessment and treatment.	17	3
January 7–9, 2028	Lymphatic System. Osteopathic clinical assessment and treatment including the major osteopathic	18	3

	techniques.		
January 28–30, 2028	Muscle Imbalance. Exercise principles and prescription.	19	3
February 25–27, 2028	Cranial Osteopathy. Part 3.	20	3
March 17–19, 2028	Visceral Osteopathy. Part 3.	21	3
March 31–April 2, 2028	An Osteopathic Approach in Pulmonology, Cardiology, Gastroenterology, Urology and Geriatrics.	22	3
April 21–23, 2028	An Osteopathic Approach in Obstetrics and Gynecology.	23	3
May 5–7 or May 12–14, 2028	An Osteopathic Approach in Pediatrics.	24	3
June 2–4, 2028	Osteopathy and Bioenergy. (Test #3, Jun 2, 2028)	25	3